

AUGUST EVENTS 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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Weightlifting
7:15am - 8:00am | Liv Fit

01



Coffee Chat
10:00am - 11:00am | Liv Cafe



Food Truck Wednesday
5:00pm - 8:00pm | Parking Lot



Yoga
7:30pm - 8:30pm | Liv Fit

03



HydroFit
6:30pm - 7:30pm | Front Pool

04



HydroFit
10:15am - 11:15am | Back Pool

06



Hip Hop Dance Class
7:00pm - 8:00pm | Liv Fit

07



Weightlifting
7:15am - 8:00am | Liv Fit

09



Coffee Chat
10:00am - 11:00am | Liv Cafe



National Smores Day
4:00pm - 5:00pm | Liv Office



Food Truck Wednesday
5:00pm - 8:00pm | Parking Lot



Yoga
7:30pm - 8:30pm | Liv Fit

10



HydroFit
6:30pm - 7:30pm | Front Pool

11



Pancake Breakfast
9:00am - 10:00am | The Hub



HydroFit
10:15am - 11:15am | Back Pool

13



Weightlifting
7:15am - 8:00am | Liv Fit

14



Hip Hop Dance Class
7:00pm - 8:00pm | Liv Fit

15



Coffee Chat
10:00am - 11:00am | Liv Cafe



Food Truck Wednesday
5:00pm - 8:00pm | Parking Lot



Yoga
7:30pm - 8:30pm | Liv Fit

17



Happy Hour
6:00pm - 8:00pm | Front Pool



HydroFit
6:30pm - 7:30pm | Front Pool

18



HydroFit
10:15am - 11:15am | Back Pool



Kids Club
11:00am - 12:00pm | The Hub

20



Weightlifting
7:15am - 8:00am | Liv Fit

21



Hip Hop Dance Class
7:00pm - 8:00pm | Liv Fit

22



Coffee Chat
10:00am - 11:00am | Liv Cafe



Food Truck Wednesday
5:00pm - 8:00pm | Parking Lot



Yoga
7:30pm - 8:30pm | Liv Fit

24



HydroFit
6:30pm - 7:30pm | Front Pool

25



Yappy Hour
5:00pm - 6:00pm | Bark Park

26



Garden Club
8:00am - 9:00am | Liv Garden



HydroFit
10:15am - 11:15am | Back Pool

27



Desert Paddle Board Yoga
8:00am - 9:00am | Liv Pool

28



Weightlifting
7:15am - 8:00am | Liv Fit

29



Coffee Chat
10:00am - 11:00am | Liv Cafe



Food Truck Wednesday
5:00pm - 8:00pm | Parking Lot



Yoga
7:30pm - 8:30pm | Liv Fit

31



liv
responsibly
event



liv
well
event



Event Benefiting
The American
Cancer Society's
"Relay for Life"



liv
connected
event