

# NOVEMBER EVENTS 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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**Yoga**  
7:45pm - 8:45pm | Liv Fit

01

**Food Truck: Taqueria Las Palmas**  
5:00pm - 8:00pm | Parking Lot

**Zumba Fitness**  
6:30pm - 7:30pm | Lif Fit

02

**Pickleball**  
8:00am - 9:00am | Sport Court

**HydroFit**  
9:00am - 10:00am | Front Pool

**Group Hike**  
12:30pm - 2:30pm  
Telegraph Pass

05

**Food Drive Starts**  
Donate items in the Office  
November 6th - 19th

06

**Yoga**  
7:45pm - 8:45pm | Liv Fit

08

**Food Truck: The Fried Joint**  
5:00pm - 8:00pm | Parking Lot

**Zumba Fitness**  
6:30pm - 7:30pm | Lif Fit

09

**Liv-giving Potluck and Pie-Bake Off**  
5:00pm - 7:00pm | The Hub

10

**Hiking Club**  
7:00am - 9:00am | TBD

11

**Pickleball**  
8:00am - 9:00am | Sport Court

**HydroFit**  
9:00am - 10:00am | Front Pool

**Pancake Breakfast**  
9:00am - 10:00am | The Hub

12

13

**Yoga**  
7:45pm - 8:45pm | Liv Fit

15

**Food Truck: Yoi Hibachi Teppenyaki**  
5:00pm - 8:00pm | Parking Lot

**Zumba Fitness**  
6:30pm - 7:30pm | Lif Fit

16

**Happy Hour**  
5:00pm - 7:00pm | The Hub

17

**Hiking Club**  
7:00am - 9:00am | TBD

18

**Food Drive Ends**  
Donate items in the Office  
November 6th - 19th

**Pickleball**  
8:00am - 9:00am | Sport Court

**HydroFit**  
9:00am - 10:00am | Front Pool

**Kids Club**  
11am - 12pm | The Hub

19

20

**Turkey Trot**  
9:00am - 10:30am | Liv Avenida

**Yoga**  
7:45pm - 8:45pm | Liv Fit

22

**Food Truck: Pita Jungle**  
5:00pm - 8:00pm | Parking Lot

**Zumba Fitness**  
6:30pm - 7:30pm | Lif Fit

23

**OFFICE CLOSED**  
Thanksgiving

24

**Burn the Bird Workout**  
10:00am - 11:00am | Liv Fit

25

26

27

**Yoga**  
7:45pm - 8:45pm | Liv Fit

29

**Food Truck: Detroit Coney Cruiser**  
5:00pm - 8:00pm | Parking Lot

**Zumba Fitness**  
6:30pm - 7:30pm | Lif Fit

30

**liv**  
northgate

**KEY**

**liv responsibly event**

**liv well event**

**liv connected event**

**liv connected event**

Event Benefiting  
The American Cancer Society's  
"Relay for Life"