

APRIL EVENTS 2024

● Events in **orange** represent Liv Wellness Classes
 ● Events in **blue** represent resident-led events (not Liv sponsored)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>01</p>	<p>Restorative Yoga 7:15pm - 8:00pm Liv Fit</p> <p>02</p>	<p>Slow Flow Yoga 6:00pm - 6:45pm Liv Fit</p> <p>03</p>	<p>Food Truck 5:00pm - 8:00pm Front Lot</p> <p>04</p>	<p>HydroFit Glow 7:15pm - 8:00pm Front Pool</p> <p>05</p>	<p>06</p>	<p>Pickleball 8:00am - 8:45am Sport Court</p>
<p>WORLD HEALTH DAY Garden Club 9:30am - 10:30am Liv Garden</p> <p>07</p>	<p>Restorative Yoga 7:15pm - 8:00pm Liv Fit</p> <p>08</p>	<p>Slow Flow Yoga 6:00pm - 6:45pm Liv Fit</p> <p>09</p>	<p>10</p>	<p>NATIONAL PET DAY HydroFit Glow 7:15pm - 8:00pm Front Pool</p> <p>11</p>	<p>Spring Into Wellness: Taste the Rainbow Contest 6:15pm - 7:30pm The Hub</p> <p>12</p>	<p>Pickleball 8:00am - 8:45am Sport Court</p> <p>Pancake Breakfast 9:00am - 10:00am The Hub</p> <p>13</p>
<p>14</p>	<p>Restorative Yoga 7:15pm - 8:00pm Liv Fit</p> <p>15</p>	<p>Slow Flow Yoga 6:00pm - 6:45pm Liv Fit</p> <p>16</p>	<p>Food Truck 5:00pm - 8:00pm Front Lot</p> <p>17</p>	<p>HydroFit Glow 7:15pm - 8:00pm Front Pool</p> <p>18</p>	<p>Happy Hour 5:00pm - 7:00pm The Hub</p> <p>Food Truck 5:00pm - 8:00pm Front Lot</p> <p>19</p>	<p>Pickleball 8:00am - 8:45am Sport Court</p> <p>20</p>
<p>21</p>	<p>EARTH DAY Restorative Yoga 7:15pm - 8:00pm Liv Fit</p> <p>22</p>	<p>Slow Flow Yoga 6:00pm - 6:45pm Liv Fit</p> <p>23</p>	<p>Kid's Club 4:00pm - 5:00pm The Hub</p> <p>Food Truck 5:00pm - 8:00pm Front Lot</p> <p>24</p>	<p>HydroFit Glow 7:15pm - 8:00pm Front Pool</p> <p>25</p>	<p>26</p>	<p>Pickleball 8:00am - 8:45am Sport Court</p> <p>Yappy Hour 1:00pm - 2:00pm Bark Park</p> <p>27</p>
<p>28</p>	<p>Restorative Yoga 7:15pm - 8:00pm Liv Fit</p> <p>29</p>	<p>Slow Flow Yoga 6:00pm - 6:45pm Liv Fit</p> <p>30</p>				<p>FOLLOW US!</p> <p> Instagram: @livnorthgate</p> <p> TikTok: livnorthgate</p> <p> Facebook: livnorthgate</p>